

Resources to Support Afghan Children, Youth, & Families

Resource	Contact	About
Afghan Health Initiative	Afghanhealth.org (253) 237-6214 (English) (253) 237-6701 (Dari & Pashto) info@afghanhealth.org	Programs: Health & Wellness, Youth Resiliency, Case Management, & Family Program.
Afghan American Cultural Association (AACA)	Aaca-wa.org (253) 205-9905 info@aaca-wa.org	Resettlement support
Afghan-American Foundation	Afghanamericans.org info@afghanamericans.org	Leading Afghan-American organization focused on advocacy efforts, coalition-building, civic engagement, and education
Bloom Library	www.bloomlibrary.org/Afghan-Children-Read/	Afghan Children Read provides 330 books in Dari and Pashto for early grades
Bridging Refugee Youth & Children's Services (BRYCS)	English: https://brycs.org/wp-content/uploads/2018/08/RaisingChildren-Handbook.pdf Dari: https://brycs.org/wp-content/uploads/2021/12/RaisingChildren-DARI.pdf Pashto: https://brycs.org/wp-content/uploads/2021/12/RaisingChildren-PASHTO.pdf	Raising children in a new country: An illustrated handbook by the U.S. Conference of Catholic Bishops available in Dari & Pashto
Colorin Colorado!	https://www.colorincolorado.org/refugees/afghan	Resources, recommendations, & lessons learned on how schools can effectively partner with families from Afghanistan
	https://drive.google.com/drive/folders/1Gv11eHC2sHE5si6rVtnLV5pz9AjmtKKt	English-Dari and English-Pashto Flashcards
Good Thinking	English: https://goodthinking-strapi.s3.eu-west-2.amazonaws.com/GT_Trauma_Workbook_Final_8dada6a4eb.pdf Dari: https://goodthinking-strapi.s3.eu-west-2.amazonaws.com/Dari_Trauma_workbook1_23f6c8666a.pdf Pashto: https://goodthinking-strapi.s3.eu-west-2.amazonaws.com/Pashto_trauma_workbook1_6b823b2e0a.pdf	Workbook: Coping with Trauma in English, Dari & Pashto

Hazara Community of Washington (HCWA)	Hcofwa.org (225) 341-3898 info@hcofwa.org hcwa21@gmail.com	Non-profit social & cultural community-based organization helping Afghan refugees resettle, & help them receive support from stakeholders.
International Rescue Committee (IRC)	https://kayaconnect.org/course/info.php?id=3083	Self-paced e-learning course: Toxic Stress & Well-Being Among Students Affected by Forced Migration
Muslim Association of Puget Sound (MAPS)	Mapsredmond.org (888) 404-6272 mapsmcrc@mapsredmond.org info@mapsredmond.org	Part of the Afghan Refugee Collective along with 8 other organizations proving resettlement support to Afghan refugees. MAPS-Muslim Community Resource Center (MCRC) is a social and humanitarian service organization providing telehealth services free of charge
National Center for Child Traumatic Stress Network (NCTSN)	being-culturally-and-trauma-informed-while-assisting-displaced-afghan-families.pdf (nctsn.org)	Tip Sheet: Being Culturally & Trauma-Informed While Assisting Displaced Afghan Families
ReWA Center for Social-Emotional Wellbeing (CSEW) and Youth Program	https://www.rewa.org/services/behavioral-health/ 124 4 th Ave S., Suite 230 Kent, WA 98032 (206) 496-4330 csewintakes@rewa.org (For counseling referrals) https://www.rewa.org/services/youth-program/ Kimberly Lee, Youth Program Manager: (206) 721-0243 ext 266 kimberly@rewa.org Keely Cozwell, Youth Program Coordinator: keely@rewa.org	CSEW offers individual and group counseling, psychiatric services, workshops, and information & referral services in Dari and Pashto. Youth Program: STEAM after-school program; targeted ELL academic interventions; Parent workshops and home visits; Post-Secondary Success Program.
Storyweaver	Dari: https://storyweaver.org.in/stories?language=Farsi&query=&sort=Relevance Pashto: https://storyweaver.org.in/stories?language=Pashto&query=&sort=Relevance	Offers hundreds of stories for children in Dari and Pashto

Switchboard (IRC)	https://switchboardta.org/resource/supporting-afghan-students-in-schools-youth-programs-the-united-states/	Toolkit: Supporting Afghan Students in Schools & Youth Programs in the U.S.
U.S. Committee for Refugees & Immigrants (USCRI) Behavioral Health Support Program for Afghans	<p>https://refugees.org/the-behavioral-health-support-program-for-afghans/ For information and inquiries: afghanmh@uscmail.org</p> <p>24/7 Wellness Helpline for Afghans (WHA): 800-615-6514 HEAL Telehealth Platform Patient Referral Form: Patient Referral Form Heal Project (office.com) Urgent need, call: (571) 427-5923 or (301) 329-7660 healproject@ampaa.org or afghantelehealth@uscmail.org</p> <p>Crisis Response Team (CRT) Client Referral Form: URGENT Behavioral Health Screening Form to Obtain Crisis Response Team Evaluation (office.com) CRT Email: afghancrt@uscmail.org</p>	24/7 Wellness Helpline for Afghans (WHA); Telehealth services (assessments and psychiatric services with Afghan Cultural Navigators & U.S.-based physicians with counseling upcoming); Community Behavioral Health Field Team in Washington provides direct support to local service providers; Crisis Response Team (CRT) is a multidisciplinary team of Afghan & American doctors, therapists, and case managers who provide Afghan clients with crisis response and care.



*Be a lamp,
Or a lifeboat,
Or a ladder.
Help someone's soul heal.
~ Rumi*