Listed below are several ways your coach can assist you through each phase of the Youth Program Quality Intervention process. Coaching services can be delivered virtually, or in person. The hours listed at the top of each description represent the typical number of direct face time hours with your coach and may change based on your individual site needs. Some services require additional coaching hours for planning and preparation. Your coach will work with you to develop a coaching plan that facilitates learning and growth.

**Assess**
Collect data about your program.

**Introductory Coaching Session**
1-2 hours
Initial meeting between the coach and site point of contact. Receive an overview of the SOWA coaching practice, review the coaching agreement, and create a draft coaching plan.

**Take-it-Back PQA Basics**
2 hours
Coach will lead an introductory workshop for your team to orient them to the Program Quality Intervention and provide strategies for completing self-assessments and preparing for external assessment.

**Planning for Self-Assessment**
1.5-2 hours
Coach will work with you and your staff to develop your plan for collecting data to assist you in scoring your self-assessment.

**Consensus Scoring Meeting**
3 hours
Coach will meet with all staff who collected self-assessment notes to score individual items within the PQA. Receive assistance in entering scores into the Scores Reporter system.

**Plan**
Create a data informed improvement plan.

**Take-it-Back Planning with Data**
1-2 hours
Coach will lead a session to review data, celebrate successes, and identify improvement areas within the assessment data reports.

**Goal Setting Meeting**
1-2 hours
Coach will support your team to develop SMART goals and create a Continuous Improvement Plan.

**Develop an Action Plan**
1-2 hours
Discuss coaching and training that would benefit your team as you work toward accomplishing your goals.

**Improve**
Carry out your plan.
Train and coach staff.

**Focused Observation and Reflection**
2-4 hours
Coach will observe program focusing on staff determined growth areas and followed up with a coaching session at a future agreed upon date to reflect and discuss.

**Reoccurring Coaching Sessions**
0.5-2 hours
Virtual (phone/zoom) or in-person one-on-one sessions set at regular intervals to strengthen our partnership, reflect on goals, and respond to immediate needs.

**Facilitate Team Meetings**
1-2 hours
Coach will guide reflective practice meetings to support implementing goals.

**Support PQA Scale Growth**
2-3 hours
Coach will facilitate conversations or deliver PQA methods trainings that focus on program quality practices.

**Additional Coaching Services**
Services include but are not limited to: Social Emotional Learning practices, anti-bias programming, solution-based problem solving, and strategies for managing conflict.